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PREVENTING SPINAL HYPOTENSION DURING CS
SHOULD NORADRENALINE BE THE 1<sup>ST</sup> LINE VASOPRESSOR?
SAOA SPRING MEETING BASEL 16.3.2024



#### PREVENTING SPINAL HYPOTENSION DURING CS

#### **Maternal & Fetal outcome**

## **«EIGER»:** Noradrenaline



Potent ICU-Drug Standard of care in septic shock Ratio of  $1\beta:7\alpha$  receptor stimulation

# «MÖNCH»: Phenylephrine



Standard drug in Anesthesia Readily available  $\alpha$  receptor agonist

# **«JUNGFRAU»:** Ephedrine



Very standard drug in Anesthesia
«Low threshold & ready to go»
in every induction room
Direct β and indirect α receptor
stimulation

### **«Where it all starts»:** Fluids



Cristalloids Colloids Plasma (Albumin)

# **AGENDA**

What are we talking about?

Maternal cardiac output and receptors – fetal well being

**Ephedrine** 

Phenylephrine vs. Ephedrine

Phenylephrine vs. Noradrenaline

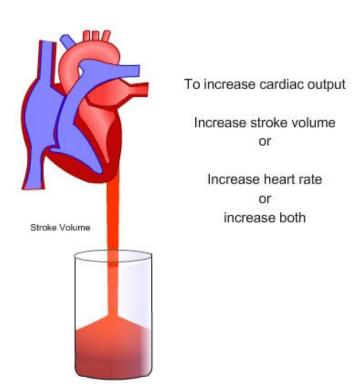
Take home message

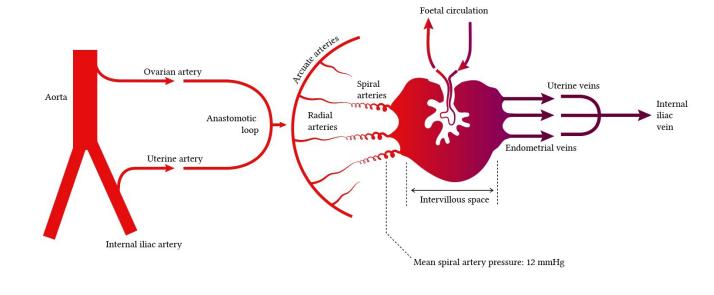
WHAT ARE WE TALKING ABOUT?

MATERNAL CARDIAC OUTPUT AND RECEPTORS

**FETAL WELL BEING** 







### MATERNAL CARDIAC OUTPUT AND FETAL WELL BEING

Maternal Cardiac output: Heart rate x stroke volume

Determinant factors: preload, afterload, contractility

• Modulation: Fluid status,  $\alpha/\beta/Ca^{++}$ 

• Uterine perfusion: No autoregulation, determined by CO



#### VASOACTIVE INFLUENCES AFFECTING UTEROPLACENTAL VESSELS

#### Vasoconstriction

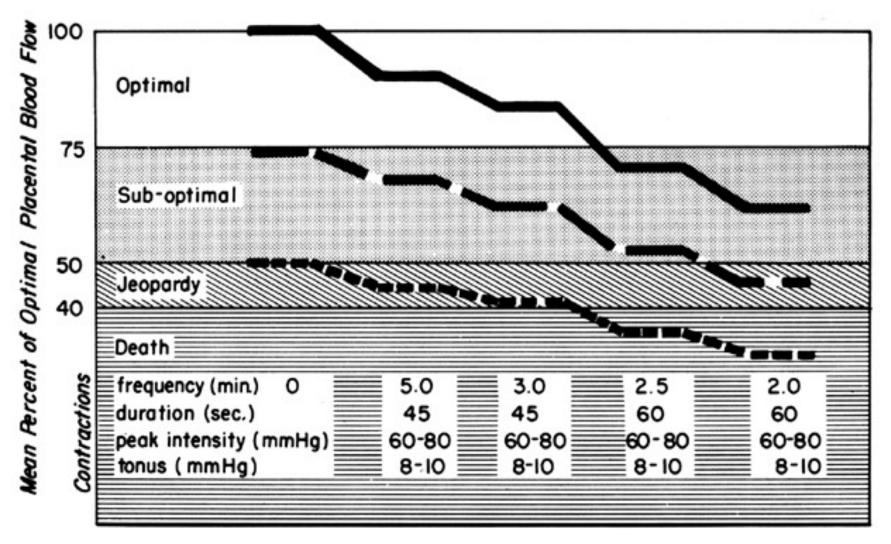
#### • α-1 receptor stimulants

- Hypoxia (severe)
- Nicotine
- Vasopressin
- Angiotensin
- Thromboxane A<sub>2</sub>

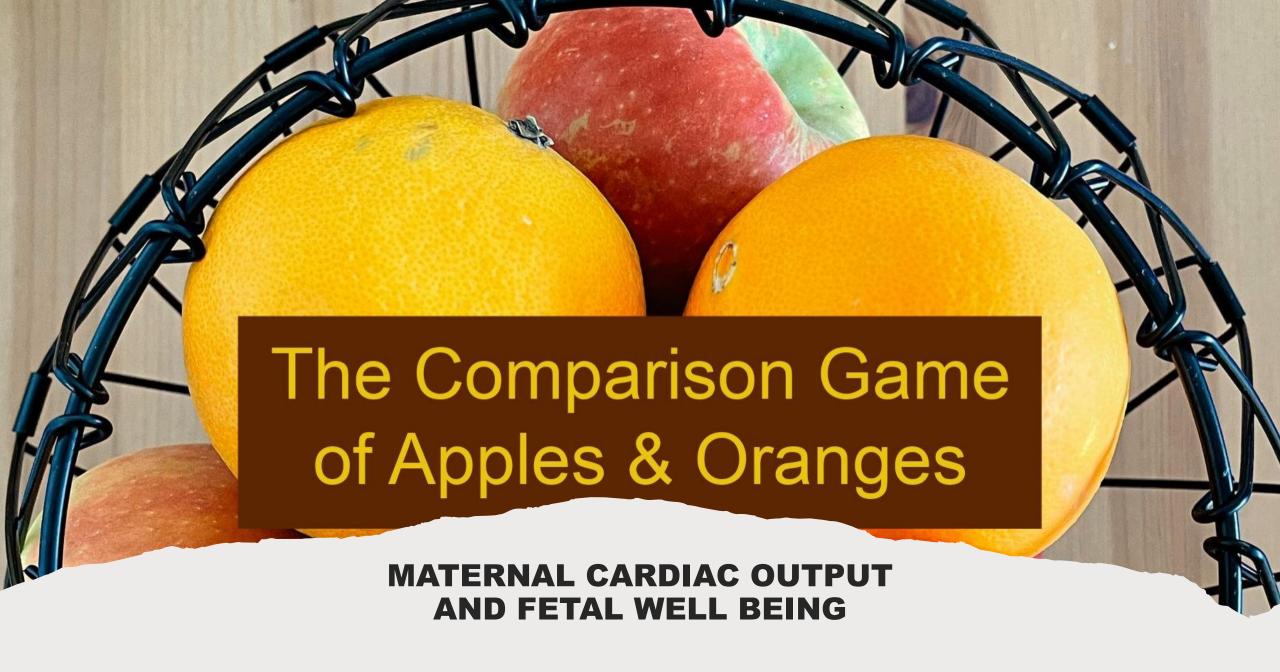
#### Vasodilation

- β-2 receptor stimulants
- Hypoxia (mild)
- Adenosine
- Bradykinin
- Oestrogens
- Ischaemia
- Nitrates
- Prostaglandins E<sub>1</sub>, E<sub>2</sub>, and I
- Vasoactive intestinal polypeptide





Greiss, F, Glob. libr. women's med., 2008; DOI 10.3843/GLOWM.10197



#### PITFALLS IN CS STUDIES



Elective, no labour



Most studies, RCT's Good baseline CO No fetal compromise



Emergency, no labour, fetal compromise



Literature less expansive – confounding bias Baseline maternal CO very variable **β**-2 agonists and volume administration Preexisting fetal acidosis & In utero rescucitation



Emergency, labour & fetal compromise



Largely retrospective cohorts Baseline maternal CO very variable **β**-2 agonists and volume administration Preexisting fetal acidosis & In utero rescucitation Labour analgesia to a variable degree



Intravascular status, cava compression, fluid boluses vs. fluid maintenance Pressor boluses vs pressor perfusion Preexisting pathology Receptor modulation:  $\alpha/\beta/Ca^{++}/\mu$ Sympaticolysis with neuraxial blockade/analgesia



#### **EPHEDRINE**



# A Dose-Response Study of Prophylactic Intravenous Ephedrine for the Prevention of Hypotension During Spinal Anesthesia for Cesarean Delivery

Warwick D. Ngan Kee, MBChB, MD, FANZCA\*, Kim S. Khaw, MBBS, FRCA\*, Bee B. Lee, MBBS, FANZCA\*, Tze K. Lau, MBBS, MRCOG+, and Tony Gin, MBChB, MD, FANZCA, FRCA\*

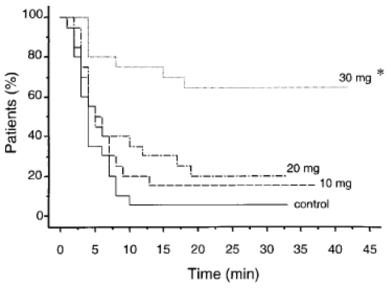
Departments of \*Anaesthesia and Intensive Care and †Obstetrics and Gynaecology, The Chinese University of Hong Kong, Prince of Wales Hospital, Shatin, Hong Kong, China

Anesth Analg 2000

### **CONCLUSIONS**



- All patients received a crystalloid preload of 20 ml/kg hereby efficacy questioned
- Ephedrine 30 mg to avoid hypotension
- Hypotension, nausea, vomiting and fetal acidosis still present in a part of the cohort
- Hence: "Further investigation of methods reducing the incidence of maternal hypotension is indicated"



**Figure 3.** Cumulative survival curves showing percentage of patients remaining not hypotensive until delivery. \*P = 0.0001 versus control.

### **PARADIGM CHANGE**



Anesthesiology 2009; 111:506-12

Copyright © 2009, the American Society of Anesthesiologists, Inc. Lippincott Williams & Wilkins, Inc.

## Placental Transfer and Fetal Metabolic Effects of Phenylephrine and Ephedrine during Spinal Anesthesia for Cesarean Delivery

Warwick D. Ngan Kee, M.B.Ch.B., M.D., F.A.N.Z.C.A., F.H.K.A.M.,\* Kim S. Khaw, M.B.B.S., F.R.C.A., F.H.K.A.M.,† Perpetua E. Tan, B.Sc., M.Phil.,‡ Floria F. Ng, R.N., B.A.Sc.,§ Manoj K. Karmakar, M.B.B.S., F.R.C.A., F.H.K.A.M.†



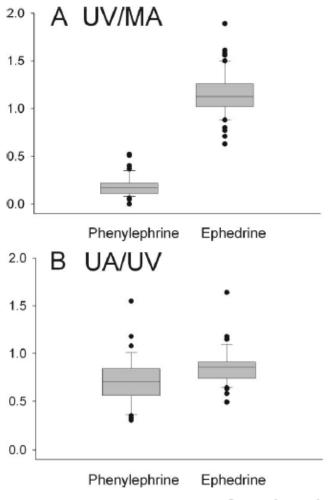


Fig. 1. Plasma concentration ratios for phenylephrine and ephedrine. Data are shown for (A) umbilical venous to maternal arterial (UV/MA) and (B) umbilical arterial to umbilical venous (UA/UV) ratios. Box plots display the 25th, 50th, and 75th percentiles as borizontal lines on a bar, whiskers above and below the box indicate the 90th and 10th percentiles, and data beyond the 10th and 90th percentiles are displayed as individual points. Data were significantly different between groups ( $P \le 0.001$ ) for both concentration ratios.

#### **BULLETPOINTS**



- Ephedrine crosses the placenta to a geater extent and undergoes less early metabolism in the fetus, compared to phenylephrine
- Increased fetal concentrations of lactate, glucose and catecholamines support the hypothesis related to metabolic effects secondary to stimulation of fetal β-receptor stimulation
- Despite the evidence suggesting a better maintained uterine blood flow with ephedrine, the overall effect of vasopressors on fetal oxygen supply and demand balance in favor of phenylephrine

Umbilical arterial Lactate, mmol/l Glucose, mg/dl Epinephrine, pg/ml

	Phenylephrine Group		P Value	
Maternal arterial				
Lactate, mmol/l	2.3 [2.0-2.7] (44)	2.4 [2.0-2.7] (45)	0.56	
Glucose, mg/dl	80 [76–85] (44)	86 [80–94] (45)	0.003	
Epinephrine, pg/ml	33.5 [19–54] (46)	47 [22–73] (50)	0.046	
Norepinephrine, pg/ml	115 [92–178] (45)	297 [223–390] (50)	< 0.001	
Phenylenhrine na/ml	8 2 [5 7–10 7] (47)			
	2.2 [1.9-2.6]	(52)		
	55 [49–60] (5	. ,		
	525 [289-852]	(45)		
Lactate, mmol/l	2.2 [1.9-2.4] (51)	3.4 [2.7-5.1] (50)	< 0.001	
Glucose, mg/dl	66 [61–70] (51)	73 [68–79] (50)	< 0.001	
Epinephrine, pg/ml	97 [50–214] (50)	132 [84–226] (52)	0.039	
Norepinephrine, pg/ml	446 [293–683] (50)	1,568 [812–2,940] (52)	< 0.001	
Phenylephrine, ng/ml	1.4 [0.8–1.9] (47)			
Ephedrine, ng/ml		434.5 [334.0–594.3] (52)		

4.2 [3.0–6.7] (49) <0.001 63 [59–71] (49) <0.001 696 [507–1,291] (49) 0.019

Values are number or median [interquartile range] (number of samples).

### THE BASEL TRAM





#### THE BASEL TRAM



Published in final edited form as:

Anesthesiology. 2009 September; 111(3): 470-472. doi:10.1097/ALN.0b013e3181b16466.

#### BURDEN OF PROOF

Richard M. Smiley, M.D., Ph.D.

Chief, Division of Obstetric Anesthesia, Department of Anesthesiology, PH-5, College of Physicians & Surgeons of Columbia University, 630 West 168<sup>th</sup>Street, New York, NY 10032, Phone: 212-305-5006, Fax: 212-342-2742, Email: rms7@columbia.edu

In early 2009, a two-day symposium on Obstetric Anesthesia had just ended, and my colleague and I stepped onto the tram in Basel, Switzerland, to begin our respective journeys home. One of the final discussions at the conference had concerned treatment/prevention of hypotension during spinal anesthesia for cesarean delivery, and I had spoken about the evidence in favor of phenylephrine infusions, and my personal practices in utilizing the drug. On the tram, I asked my colleague what he generally used to treat hypotension during cesareans and he responded "Boluses of ephedrine or phenylephrine, as does most of the rest of my group." The following



# IT HAPPENED IN SEPT 2009 IN ANESTHESIOLOGY

- The "weight of the evidence" has now equaled the "burden of proof," and our clinical burden should be to incorporate the evidence into our routine practice.
- As the famous Alka-Seltzer ad from the 1970s said, "Try it, you'll like it (and so will your patients)"

#### BURDEN OF PROOF

Richard M. Smiley, M.D., Ph.D.

Chief, Division of Obstetric Anesthesia, Department of Anesthesiology, PH-5, College of Physicians & Surgeons of Columbia University, 630 West 168<sup>th</sup>Street, New York, NY 10032, Phone: 212-305-5006, Fax: 212-342-2742, Email: rms7@columbia.edu

### HIRSLANDEN

### 2000, 2009, 2015: WARWICK D. NGAN KEE DID IT AGAIN

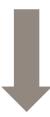
# Randomized Double-blinded Comparison of Norepinephrine and Phenylephrine for Maintenance of Blood Pressure during Spinal Anesthesia for Cesarean Delivery

Warwick D. Ngan Kee, M.B.Ch.B., M.D., F.A.N.Z.C.A., F.H.K.A.M., Shara W. Y. Lee, B.Sc.(Hons.), M.Sc., Ph.D., Floria F. Ng, R.N., B.A.Sc., Perpetua E. Tan, B.Sc., M.Phil., Kim S. Khaw, M.B.B.S., M.D., F.R.C.A., F.H.K.A.M.

### WHY DID HE DO IT?



Concern in Phenylephrine's pure  $\alpha$  effect on cardiac output

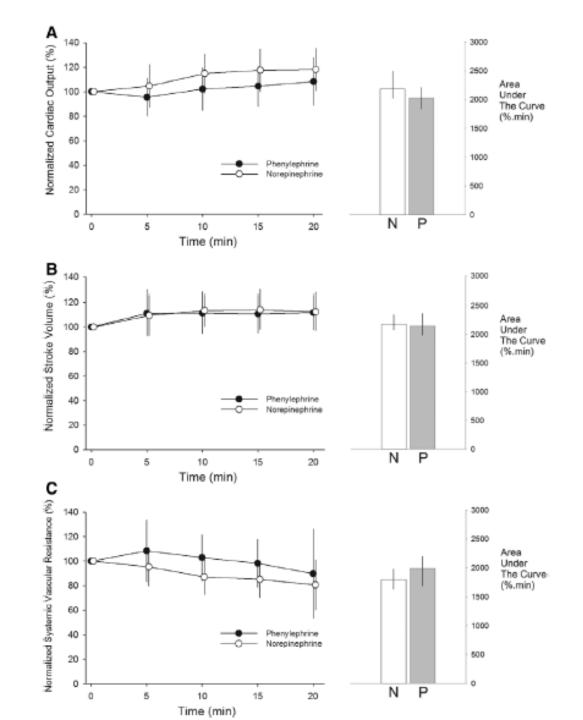


Dose-related reflex bradycardia and concurrent decrease in maternal cardiac output



Potential harm in the presence of a compromised fetus

- RCT, N=104,
- · double blind,
- computer programmed automated adminsitration of NE or Phenylephrine
- CO, SV and SVR measurement by suprasternal doppler





- HR greater in NE group
- CO greater in NE group approx. 10%
- SVR lower in NE group
- SV unchanged



# Norepinephrine for Spinal Hypotension during Cesarean Delivery

Another Paradigm Shift?

Brendan Carvalho, M.B.B.Ch., F.R.C.A., Robert A. Dyer, F.C.A.(SA), Ph.D.



- Spinal hypotension is primarily driven by a decrease in symathetic tone in the arterial system, and not by a reduction in the central venous capacitance
- This physiological observation is consistent with the findings, that  $\alpha$ -agonist vasopressors are the most reliable method for preventing and treating spinal hypotension during a cesarean delivey
- Physiologic studies have shown a modest increase in heart rate and stroke volume after an induction of spinal anesthesia, so a  $\beta$  effect may not be necessary
- The relave importance of cardiac output and blood pressure maintenance to optimize uteroplacental perfusion is uncertain as of now
- However, there is a close correlation of heart rate to cardiac output in the setting of phenylephrine administration for hypotension

### IS IT A NEW CHAPTER?



#### PHENYLEPHRINE VS. NOREPINEPRINE

International Journal of Obstetric Anesthesia (2017) 29, 1–4 0959-289X/\$ - see front matter © 2017 Elsevier Ltd. All rights reserved. http://dx.doi.org/10.1016/j.ijoa.2017.01.002

**EDITORIAL** 

More perfect?

### R. SMILEY IN 2017



- Burden of proof not reached, we certainly are NOT at the point of replacing phenylephrine with norepinephrine
- It may well be that norepinephrine facilitates a higher maternal cardiac output than phenylephrine, but the clinical implications are questionable
- The current practice is quite effective and safe; ie there is no desperate need for improvement

doi:10.1111/anae.15363

Anaesthesia 2021, 76, 743-747

#### Editorial

### Noradrenaline – at best it is not worse. A comparison with phenylephrine in women undergoing spinal anaesthesia for caesarean section

M. Heesen, <sup>1</sup>T. Girard<sup>2</sup> and M. Klimek<sup>3</sup>

- 1 Professor, Department of Anaesthesia, Kantonsspital Baden, Baden, Switzerland
- 2 Professor, Department of Anaesthesia, University Hospital Basel, Basel, Switzerland
- 3 Consultant, Department of Anaesthesiology, Erasmus University Medical Centre, Rotterdam, The Netherlands



Table 1 Comparison of ephedrine, phenylephrine and noradrenaline. Based on [3], modified by the authors [35–37].

	Ephedrine	Phenylephrine	Noradrenaline
Mode of action	Indirect >> direct	Direct	Direct
Activity on α- adre noceptor	+/++	***	***
Activity on β-1 - adre noceptor	***	0	+/++
Activity on β-2- adrenoceptor	++	0	?
Onset	Slow	Immediate	Immediate
Duration	Prolonged	Intermediate	Short
ED <sub>95</sub> inadults	5-30 mg	40-150 µg	3-11 µg
Relative potency	0.0123	1	10-12.5
Otherconcerns	Tachyphylaxis with repeated doses	Reflexbradycardia possible	Reflexbradycardia possible

ED <sub>95</sub> = recommended effective dose for an effect in 95% of the cases.







Celebrating the 33rd anniversary of the SAOA "Where we come from, where we are, where we go"



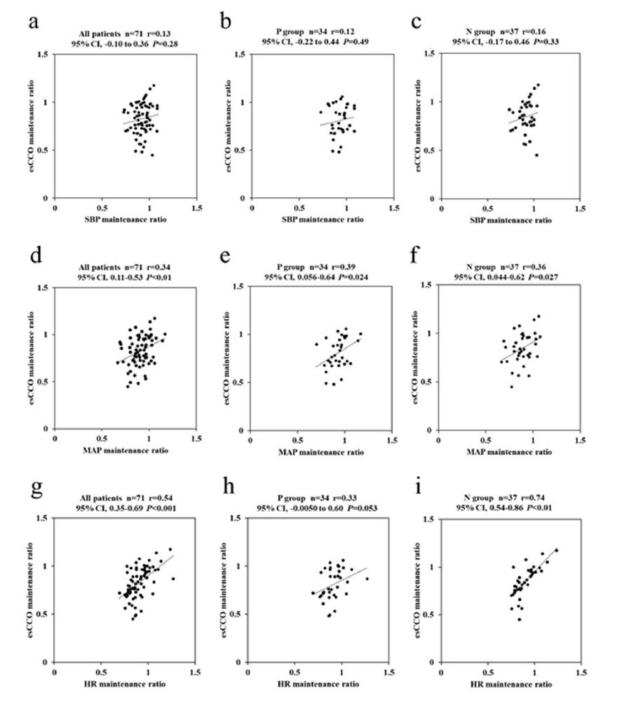
#### **APPLES & ORANGES & PEAS**

### Major monitoring and cardiac output during cesarean delivery

Yuki Nakano<sup>1</sup> · Jun Takeshita<sup>1</sup> · Kazuya Tachibana<sup>1</sup>

Received: 24 September 2021 / Accepted: 5 January 2022 / Published online: 15 January 2022 © The Author(s) under exclusive licence to Japanese Society of Anesthesiologists 2022

- N/Norepinephrine 34 patients, P/Phenylephrine 37 patients
- Estimated CO (esCCO), MAP, SBP, HR





### HIRSLANDEN











Prophylactic norepinephrine infusion for postspinal anesthesia hypotension in patients undergoing cesarean section: A randomized, controlled, dose-finding trial

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Yi Chen<sup>1</sup> | Lili Zou<sup>1</sup> | Zhenzhou Li<sup>1</sup> | Lei Guo<sup>1</sup> | Wei Xue<sup>2</sup> | Ling He<sup>2</sup> | Shuqin Ma<sup>2</sup> | Xinli Ni<sup>1</sup> ©
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TABLE 1 Demographic and baseline characteristics

	NS group (n = 19)	NE 25 group (n = 20)	NE 50 group (n = 20)	NE 75 group (n = 20)	NE 100 group (n = 20)	p Value
Age (years)	31.79 ± 4.52	$32.65 \pm 4.12$	$32.80 \pm 5.23$	$32.55 \pm 4.68$	29.95 ± 4.84	0.287
BMI (kg/m <sup>2</sup> )	28.52 ± 3.38	27.34 ± 3.67	29.21 ± 2.23	28.82 ± 3.28	29.01 ± 4.44	0.469
Baseline						
SBP (mm Hg)	119.21 ± 12.40	116.40 ± 11.15	120.60 ± 11.43	$116.00 \pm 7.38$	119.05 ± 11.83	0.631
HR (beats/min)	95.95 ± 14.24	91.75 ± 15.35	90.90 ± 15.66	98.25 ± 14.51	90.35 ± 14.62	0.370
Block height <sup>a</sup>	6 [4,6]	6 [6,6]	6 [6,6]	6 [6,6]	6 [6,6]	0.061
Time from anesthesia to fetal delivery (min)	14.74 ± 4.40	13.10 ± 4.19	$13.35 \pm 2.60$	14.25 ± 3.73	15.30 ± 3.39	0.300
Time from skin incision to fetal delivery (min)	$3.37 \pm 1.57$	3.90 ± 1.71	3.35 ± 2.06	4.35 ± 2.11	4.15 ± 1.98	0.351
Length of postoperative stay (day)	3.47 ± 0.70	$3.40 \pm 0.60$	3.65 ± 0.93	$3.45 \pm 0.51$	3.55 ± 1.32	0.906

Note: Data are presented as mean ± SD (standard deviation) and median [quartiles].

Abbreviations: BMI, body mass index; HR, heart rate; NE, norepinephrine; NS, normal saline; SBP, systolic blood pressure.

<sup>&</sup>lt;sup>a</sup>Sensory blockade was assessed using a sterile needle.

TABLE 2 Adverse effects

	NS group (n = 19)	NE 25 group (n = 20)	NE 50 group (n = 20)	NE 75 group (n = 20)	NE 100 group (n = 20)	p Value
Postspinal anesthesia hypotension, N (%)	13 (68.42)*	8 (40.00)	4 (20.00)	3 (15.00)	2 (10.00)	<0.001
Severe postspinal anesthesia hypotension, N (%)	4 (21.05)	2 (10.00)	2 (10.00)	1 (5.00)	0 (0.00)	0.220
Total additional bolus of norepinephrine	1 [0,2] <sup>†</sup>	0 [0,1]	0 [0,0]	0 [0,0]	0 [0,0]	<0.001
Bradycardia, N (%)	1 (5.26)	1 (5.00)	1 (5.00)	2 (10.00)	2 (10.00)	0.928
Total additional bolus of atropine	0 [0,0]	0 [0,0]	0 [0,0]	0 [0,0]	0 [0,0]	0.943
Nausea, N (%)	5 (26.32)	2 (10.00)	1 (5.00)	1 (5.00)	1 (5.00)	0.125
Vomiting, N (%)	2 (10.53)	0 (0.00)	0 (0.00)	0 (0.00)	1 (5.00)	0.217
Hypertension, N (%)	1 (5.26)	1 (5.00)	1 (5.00)	2 (10.00)	3 (15.00)	0.717

Notes: Data are presented as number (%) and median [quartiles]. Kruskal-Wallis test with a Dunn post hoc test was used to compare groups pairwise for the outcomes of total additional bolus of norepinephrine and atropine. ANOVA test with a Bonferroni post hoc test was used to compare groups pairwise for other outcomes.

Abbreviations: NE, norepinephrine; NS, normal saline.

<sup>\*</sup>p = 0.003 vs. NE 50 group, p = 0.001 vs. NE 75 group, p < 0.001 vs. NE 100 group.

 $<sup>^{\</sup>dagger}p = 0.004 \text{ vs. NE } 50 \text{ group, } p = 0.001 \text{ vs. NE } 75 \text{ group, } p < 0.001 \text{ vs. NE } 100 \text{ group.}$ 

TABLE 4 Neonatal outcomes

	NS group (n = 19)	NE 25 group (n = 20)	NE 50 group (n = 20)	NE 75 group (n = 20)	NE 100 group (n = 20)	p Value
pH	$7.38 \pm 0.04$	$7.37 \pm 0.04$	$7.37 \pm 0.04$	$7.37 \pm 0.04$	$7.36 \pm 0.05$	0.588
PCO <sub>2</sub> (mm Hg)	$38.45 \pm 4.82$	38.04 ± 5.85	37.36 ± 4.99	37.25 ± 3.38	40.25 ± 5.62	0.332
BE (mmol/L)	-2.83 ± 1.26	-2.98 ± 1.29	-3.22 ± 1.38	-3.53 ± 1.01	-2.87 ± 2.11	0.536
PO <sub>2</sub> (mm Hg)	25.69 ± 4.44	25.83 ± 6.20	26.79 ± 5.21	27.87 ± 4.41	25.42 ± 6.45	0.600
Apgar score, 1 min	9 [9,9]	9 [9,9]	9 [9,9]	9 [9,9]	9 [9,9]	0.912
<7 at 1 min, N (%)	0 (0.00)	0 (0.00)	0 (0.00)	0 (0.00)	0 (0.00)	1.000
Apgar score, 5 min	10 [10,10]	10 [10,10]	10 [10,10]	10 [10,10]	10 [10,10]	0.666
<7 at 5 min, N (%)	0 (0.00)	O (0.00)	0 (0.00)	0 (0.00)	0 (0.00)	1.000

Notes: Data are presented as mean ± SD (standard deviation), median [quartiles], and number (%). Kruskal-Wallis test with a Dunn post hoc test was used to compare groups pairwise for the outcomes of Apgar score at 1 and 5 min. ANOVA test with a Bonferroni post hoc test was used to compare groups pairwise for other outcomes.

Abbreviations: BE, base excess; NE, norepinephrine; NS, normal saline; PCO2, partial pressure of carbon dioxide; PO2, partial pressure of oxygen.



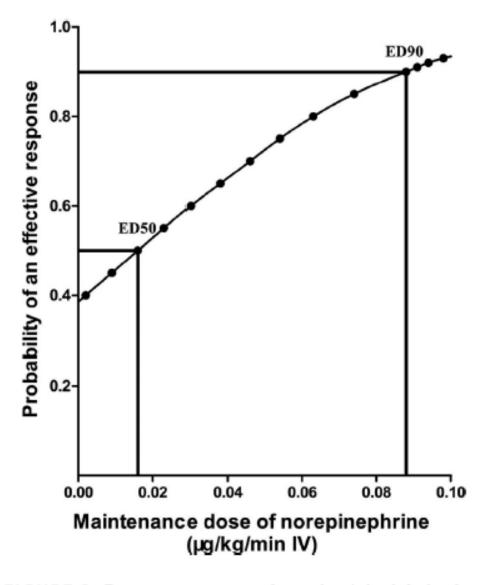


FIGURE 3 Dose-response curve of norepinephrine infusion for preventing post-spinal anesthesia hypotension



### Prophylactic Fixed-Rate Phenylephrine Versus Norepinephrine Infusion in the Prevention of Post-spinal Anesthesia Hypotension During Cesarean Delivery

Anisha Pauline 1, K Arthi 1, Aruna Parameswari 1, Mahesh Vakamudi 1, Akilandeswari Manickam 1

Anesthesiology, Sri Ramachandra Institute of Higher Education and Research, Chennai, IND

N=208, Phenylephrine vs. Norepinephrine infusions

DOI: 10.7759/cureus.41251

Parameters	Phenylephrine group (n = 104)	Norepinephrine group (n = 104)	P-value
Venous pH	7.32 (0.03)	7.33 (0.03)	0.062
Venous pCO <sub>2</sub>	45.91 (5.84)	45.12 (5.10)	0.29
Venous pO <sub>2</sub>	23.95 (5.63)	25.28 (6.28)	0.10
Venous HCO <sub>3</sub>	24.29 (2.35)	24.30 (2.44)	0.98

### TABLE 3: Comparison of umbilical cord blood gases and neonatal outcomes.

The data are represented as mean (SD).

P-values less than 0.05 were considered significant.





Eur J Anaesthesiol 2021; 38:1077-1084

### ORIGINAL ARTICLE

A randomised double-blind comparison of phenylephrine and norepinephrine for the management of postspinal hypotension in pre-eclamptic patients undergoing caesarean section

Medha Mohta, Lakshmi R, Geetanjali T. Chilkoti, Rachna Agarwal and Rajeev Kumar Malhotra

N=220 patients Phenylephrine boluses versus norepinephrine boluses

Table 2 Severity of pre-eclampsia

	Phenylephrine (n = 43)	Norepinephrine (n = 43)	P value
Patients with pre-eclampsia without severe features	26 (60.5)	22 (51.2)	0.385
Patients with severe pre-eclampsia	17 (39.5)	21 (48.8)	
Patients receiving magnesium sulphate prophylaxis	8 (18.6)	11 (25.6)	0.436

Data are n (%).

Table 3 Umbilical cord blood gas parameters and other neonatal parameters

	Phenylephrine (n = 39)	Norepinephrine (n = 40)	P value
A pH	$7.26 \pm 0.06$	$7.27 \pm 0.06$	0.903
A PO <sub>2</sub> (mmHg)	22.9 ± 7.2	28.1 ± 16.5	0.075
A PCO <sub>2</sub> (mmHg)	46.8 ± 9.4	$46.1 \pm 9.7$	0.747
A O <sub>2</sub> saturation (%)	37.6 ± 16.9	40.9 ± 17.6	0.466
A HCO <sub>3</sub> (mEq/l)	21.0 ± 3.6	21.2 ± 3.4	0.817
A base excess (mEq/l)	4.1 ± 6.0	1.8 ± 6.6	0.111
Fetal acidosis (ApH <7.2)	5 (12.8)	4 (10.0)	0.693
V pH	$7.31 \pm 0.06$	$7.31 \pm 0.07$	0.855
V PO <sub>2</sub> (mmHg)	29.5 ± 9.8	39.0 ± 16.4	0.003
V PCO <sub>2</sub> (mmHg)	$39.1 \pm 7.9$	36.5 ± 8.4	0.160
V O <sub>2</sub> saturation (%)	49.6 ± 21.0	64.4 ± 15.9	0.001
V HCO <sub>3</sub> (mEq/l)	19.8 ± 3.2	19.3 ± 2.9	0.461
V base excess (mEq/l)	$-6.6 \pm 3.2$	$-6.7 \pm 4.0$	0.979
(A-V) PCO <sub>2</sub> difference	7.7 ± 6.1	$9.6 \pm 6.4$	0.181
Apgar 1 min <sup>a</sup>	9 [9 to 10]	9 [9 to 10]	0.770
Apgar 5 min <sup>a</sup>	10 [10 to 10]	10 [10 to 10]	1.000
Baby birth weight (kg) <sup>a</sup>	2.6 ± 0.5	2.7 ± 0.6	0.511

Data are mean  $\pm$  SD, median [IOR] or n (%). A, arterial; V, venous.  ${}^{a}n = 43$ .



Hindawi Anesthesiology Research and Practice Volume 2022, Article ID 7170301, 6 pages

https://doi.org/10.1155/2022/7170301

#### Research Article

### Effectiveness of Prophylactic Bolus Ephedrine Versus Norepinephrine for Management of Postspinal Hypotension during Elective Caesarean Section in Resource Limited Setting: A Prospective Cohort Study

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### HIRSLANDEN

- N=84, prospective cohort
- APGAR: All scores > 7 at 1 and 5 minutes
- Blood pressure: NA>ephedrine
- Heart rate: Ephedrine>NA
- Nausea and vomitting: NS

NE can be used as a substitute to ephedrine to maintain blood pressure in pregnant women undergoing elective CS under spinal anesthesia without adverse effects the mother and babys

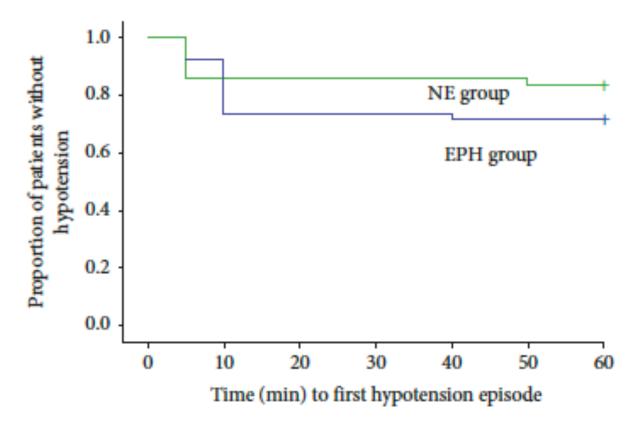


FIGURE 3: A Kaplan-Meier curve depicting the change in mean arterial blood pressure between the groups over time.

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### PANIC BOLUS USE WHAT YOU KNOW



## USE IT WISELY CARDIAC OUTPUT ROUGHLY CORRELATES TO HEART RATE



### **QUESTIONS?**







### **THANK YOU**

Prophylactic Norepinephrine and Phenylephrine Boluses to Prevent Postspinal Anesthesia Hypotension During Cesarean Section: A Randomized Sequential Allocation Dose-Finding Study

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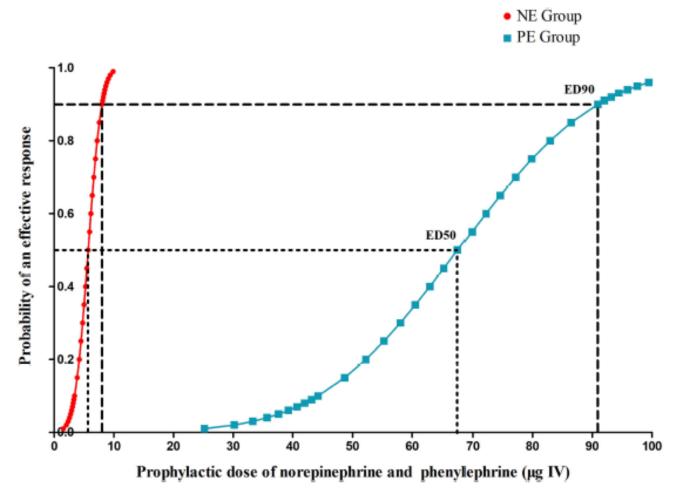


Figure 3 The dose-response curve of a prophylactic bolus dose of norepinephrine or phenylephrine for preventing postspinal anesthesia hypotension.

Abbreviation: ED, effective dose.