



SPRING SYMPOSIUM 2025 OF THE PERIOPERATIVE MEDICINE COMMISSION

**PERIOPERATIVE NUTRITION, METABOLISM
AND CARE OF THE DIABETIC PATIENT**

Interactive presentations and workshops

May 8th 2025, Hotel Kreuz, Bern

Dear Colleagues,

Optimal perioperative care relies on a solid understanding of nutrition, metabolism, and glycemic control, all of which could directly impact postoperative outcomes.

Diabetes is increasingly common, and new therapies and devices, such as GLP-1 receptor antagonists, SGLT2 inhibitors and insulin pumps, add complexity to its perioperative management.

The SSAPM Spring Symposium 2025 offers an interactive platform to explore key management aspects with national experts. The morning lectures will cover essential topics in perioperative nutrition and diabetes management, while the afternoon will feature workshops on preoperative nutritional assessment, perioperative diabetes device management, and postoperative metabolic support. By the end of the symposium, participants will be equipped to train their teams and apply evidence-based strategies in clinical practice. The ultimate goal of the symposium is to improve patient outcomes.

This is a valuable opportunity for trainees to connect with senior anesthesiologists from across Switzerland, expand their professional network, and improve their knowledge of perioperative medicine.

For the Perioperative Medicine Commission,

Bernardo Bollen Pinto
(Chair)

Program, 08.05.2025

- 09:45 Registration and welcome
BBS - Adrian König
Bernardo Bollen Pinto (Genève)
- 10:15 Management of diabetic medications in the perioperative period
Adeline Ameti (Lausanne)
- 10:45 Pre-operative nutrition interventions in high-risk patients
Beat Müller (Basel)
- 11:15 Continuous insulin sensors and pumps
Karim Gariani (Genève)
- 11:45 Metabolic requirements and nutrition after surgery
Annika Reintam Blaser (Luzern)
- 12:15 Minimizing post-operative complications and failure to rescue in diabetic patients
Alessandro Putzu (Genève)
- 12:45 Lunch
BBS – Adrian König
- 13:45 Workshops: 25-minutes rotations
- Pre-operative nutritional assessment tools
Beat Müller (Bern)
- Continuous insulin sensors and pumps
Karim Gariani and Marie-Alice Savet (Genève)
- Post-operative metabolic requirements for high-risk patients
Aude De Watteville (Genève)
- 15:15 Summary remarks
Bernardo Bollen Pinto
- 15:30 End of the spring symposium

Faculty

Bernardo Bollen Pinto
Service d'Anesthésiologie, Hôpitaux Universitaires de Genève

Adeline Ameti
Service d'endocrinologie, diabétologie et métabolisme, Centre Hospitalier Universitaire Vaudois

Beat Müller
Innere Medizin & Endokrinologie, Medizinische Fakultät Universität Basel
HormoKine GmbH

Karim Gariani
Service d'Endocrinologie, Diabétologie, Nutrition et Éducation Thérapeutique du Patient, Hôpitaux Universitaires de Genève

Annika Reintam Blaser
Zentrum für Intensivmedizin, Luzerner Kantonsspital

Alessandro Putzu
Service d'Anesthésiologie, Hôpitaux Universitaires de Genève

Marie-Alice Savet
Service d'Endocrinologie, Diabétologie, Nutrition et Éducation Thérapeutique du Patient, Hôpitaux Universitaires de Genève

Aude De Watteville
Service des Soins Intensifs, Hôpitaux Universitaires de Genève

Adrian König
BBS Congress GmbH, Bern

Credits

SSAPM: 7 credits

Venue

Hotel Kreuz, Zeughausgasse 41, Bern; a 5-minute walk from the railway station

Fees

Members SSAPM CHF 150.-
Non-members SSAPM CHF 250.-
Interns CHF 50.-

Bank details

IBAN: CH90 0840 1000 0683 2656 4
Beneficiary: Schw. Gesellschaft f. Anästhesiologie u. Perioperative Medizin SSAPM, 3013 Bern

Organiser

Swiss Society for Anaesthesiology and Perioperative Medicine (SSAPM)
Rabbentalstr. 83
CH-3013 Bern
Phone : +41 31 332 34 33
E-Mail : info@ssapm.ch

Registration

<https://bbscongress.ch/en/symposium-perioperative-medicine/registration>